

SELF-CONSCIOUS

PROPTOSIS

OCULAR SYMPTOMS

THYROID HISTORY

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THE SIGNS OF TED



Self-conscious

44% of patients with Thyroid Eye Disease (TED) feel self-conscious due to changes in appearance^{1*}

Ask your patient if they are self-conscious about attending events or having their picture taken

¹In a survey of patients with TED (N=394).¹



Proptosis

Nearly 2 out of 3 patients with TED experience some proptosis^{2†}

Conduct an annual exam to help identify proptosis

[†]Based on a cohort of 117 patients.²



Ocular symptoms

Ocular symptoms may not be visible and may change over time^{3,4}

Assess visible symptoms and probe about nonvisible (diplopia, griffiness) symptoms



Thyroid history

Up to 40% of patients with Graves' disease may also have TED. Treating the thyroid doesn't treat TED⁵

Confirm if your patient has a thyroid disorder, and if so, screen for TED



If you SPOT 2 or more of these signs or symptoms, consider TED as part of your differential diagnosis

References: **1.** Delfino LC, Zunino A, Sapia V, et al. Related quality of life questionnaire specific to dysthyroid ophthalmopathy evaluated in a population of patients with Graves' disease. *Arch Endocrinol Metab.* 2017;61(4):374-381. **2.** Bartley GB, Fatourechi V, Kadmas EF, et al. Clinical features of Graves' ophthalmopathy in an incidence cohort. *Am J Ophthalmol.* 1996;121(3):284-290. **3.** Thyroid Eye Disease. National Organization for Rare Disorders. 2020. Accessed January 29th, 2024. <https://rarediseases.org/rare-diseases/thyroid-eye-disease> **4.** Bahn RS. Graves' ophthalmopathy. *N Engl J Med.* 2010;362(8):726-738. **5.** Burch HB, Perros P, Bednarczuk T, et al. Management of Thyroid Eye Disease: a consensus statement by the American Thyroid Association and the European Thyroid Association. *Thyroid.* 2022;32(12):1439-1470.